



| Periodicity of Dental Services for Children | | | | |
|---|-----------|------------|----------|-----------|
| Service | 0-12 mos. | 13-24 mos. | 2-6 yrs. | 7-20 yrs. |
| Oral Exam | x | x | x | x |
| Fluoride Supplements | x | x | x | x |
| Fluoride Varnish | x | x | x | |
| Cleaning with Fluoride | | x | x | x |
| Sealants (permanent teeth) | | | | x |
| X-Rays | | | x | x |
| Oral Hygiene Instructions | x | x | x | x |
| Dental Treatment | x | x | x | x |

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

| HMO | Member Services Phone # | Website Address |
|---|-------------------------|--|
| UnitedHealthcare Community Plan (UHCCP) | 1-800-941-4647 | www.uhccommunityplan.com |

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

Azita Emami, DMD

Basking Ridge Dental Group
20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Vitaly Friedman, DDS

21st Century Dental Care PC
413 King George Rd Ste 201
Basking Ridge, NJ 07920
(908) 604-5959

Mehrangiz Mary Rostami, DMD

Basking Ridge Dental Group
20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Ming Ding, DMD

For You Dentistry LLC
477 Union Ave
Bridgewater, NJ 08807
(908) 627-6498

Binita Shah, DDS

A2Z Dental PC
255 N Main St
Manville, NJ 08835
(908) 526-2224

Yunbo Song, DDS

A2Z Dental PC
255 N Main St
Manville, NJ 08835
(908) 526-2224

Andrea M Barrett, DDS

BELBAR DENTAL ASSOC
812 Hamilton St Ste 1
Somerset, NJ 08873
(732) 846-2494

Syed F Hussain, DDS

All Star Dental
1543 State Route 27 Ste 202
Somerset, NJ 08873
(732) 418-5000

Jina N Kandas, DDS

Dental Design Group LLC
1303 State Route 27 Ste 4
Somerset, NJ 08873
(732) 354-0707

Mita A Shah, DDS

Somerset Dental PC
1707 State Route 27
Somerset, NJ 08873
(732) 745-9828

Kavitha Narla, DMD

All Brite Dentistry
1 E High St Apt A
Somerville, NJ 08876
(908) 722-1212