

Support for Families

Parents/caregivers that are raising children with emotional, behavioral and physical health care needs also need support. Resources such as a Parent Partner can be provided to assist parents/caregivers in navigating the behavioral health and educational systems as well as provide support services along the way. To access these services, contact either:

- **Family Involvement Center** Parent Assistance Center (PAC) at 602-288-0155 / 877-568-8468 toll-free or pac@familyinvolvementcenter.org.
- **MIKID** at 844-805-2080



AHCCCS Complete Care Contacts:

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Steward Health Choice
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Victoria.Tewa@steward.org

If you or someone you know is experiencing a behavioral health crisis, please contact:

Suicide and Crisis Hotlines by County:

Maricopa County served by **Mercy Care:**

1-800-631-1314 or **602-222-9444**

Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz and Yuma Counties served by **Arizona Complete Health-Complete Care Plan:**

1-866-495-6735

Apache, Coconino, Gila, Mohave, Navajo and Yavapai Counties served by

Steward Health Choice Arizona:

1-877-756-4090

Gila River and Ak-Chin Indian Communities served by **EMPACT:**

1-800-259-3449

Especially for Teens

- **Teen Life Line** phone or text: **602-248-TEEN (8336)**

Partnering with Behavioral Health Providers



Schools and Behavioral Health Providers: The Benefits of Partnership

Children spend much of their day at school and what takes place within the school community has a tremendous impact on children. Ensuring a safe and healthy school environment is critical to student success. That healthy environment includes providing our schools with the tools and supports they need to address mental health issues, behavioral health needs and substance use concerns. Arizona is home to many outstanding providers that already support schools and students with behavioral health care services.

What Can Schools and Behavioral Health Providers Accomplish Together?

1. Raise Awareness of Available Services.

Having support from schools promotes access to care for children and their families who otherwise may not know about behavioral health services that are available to them or who may be eligible for AHCCCS but are not registered.

2. Make It Easier to Access Services. When schools and districts have strong relationships with providers, it acts as a funnel for connecting kids to services quickly. Streamlining this process reduces delays and makes it easier for children to receive services where they are.

3. Strengthen the Network of Care to Meet Children's Needs.

Promoting greater collaboration between the behavioral health and educational systems creates strong partnerships between school social workers, school counselors and School Resource Officers (SROs) and external providers, increasing support for children and their families. This way, children get the help they need not just when they are in the classroom, giving them the greatest chance to succeed.

4. Increase Support for Children and Families.

Building this complete system of care also allows for greater support for children and families, such as increased opportunity for the child's behavioral health providers to be part of IEP development and 504 meetings.

Maximizing Pathways for Children to Access Behavioral Health Services: No Wrong Door

We want to make it as easy as possible to connect to behavioral health services. So we use the "No Wrong Door" approach, maximizing opportunities for children and families to get connected to services from anywhere.

This approach also allows the child and family to make informed decisions as to their choice of provider, where they would like to receive services and the frequency/intensity of those services.

How to Access Services: A Guide for Schools

There are a number of ways a school or district can connect to behavioral health services. The provider agencies listed below are funded through grant dollars, so they can serve all children. They are also contracted with AHCCCS health plans to provide services to AHCCCS enrolled children and families.

Typically, schools will offer either on-site services or a referral-based program. Consider your school's needs to determine the program that may work best. Your school or district may already partner with a provider, including providers who are not on list. However, if you do not have a current partner and you are interested in connecting with a provider, the list below can serve as a starting point. You can reach out to one of these providers to help shape the right type of program to meet the specific needs of your school. To get the dialogue started, schools are able to reach out to behavioral providers directly. If you are unable to find a provider in your area, or would like information about other providers, you can also or contact one of the AHCCCS health plans for assistance.

On-Site Services and Supports: There are agencies within your community who provide services on the school campus. Many behavioral health agencies are looking to partner with schools to establish this one-on-one relationship, which can also include providing support services to school personnel and families.

Referral-Based Program: Many schools prefer a direct referral process to a community-based behavioral health agency(ies). This program directly connects children and their families to an agency with whom the school has an established relationship. This facilitates access to timely services for their students and it also adds a level of comfort for students and families that there is a connection between their health care provider and the school.

Providers Serving both AHCCCS-Enrolled and Non-AHCCCS Enrolled Children:

These providers have experience working with children and families, as well as supporting schools in meeting the behavioral health care needs of their students.

CENTRAL ARIZONA

- A New Leaf
480-969-4024
<https://www.turnanewleaf.org/>
- Arizona Youth and Family
602-277-4833
<http://www.azyfs.org/>
- Arizona's Children Association
800-944-7611
<https://www.arizonaschildren.org/>
- Black Family and Children Services
602-243-1773
<http://www.bfcfamily.org/>
- Casa de los Niños
520-624-5600
<https://www.casadelosninos.org/>
- Chicanos Por La Causa
602-257-0700
<https://www.cplc.org/>
- Child and Family Support Services
480-635-9944
<https://www.cfss.com/>
- Devereux Foundation
520-296-5551
http://www.devereux.org/site/PageServer?pagename=az_mission
- Ebony House
602-276-4288
<http://ebonyhouseinc.org/>
- EMPACT La Frontera
480-784-1514, ext. 1048
<http://lafrontera-empact.org/>
- Jewish Family and Children's Services
602-279-7655; 520-795-0300
<https://www.jfcsaz.org/>
- Native American Connections
602-254-3247
<https://www.nativeconnections.org/>
- Open Hearts
602-285-5550
<http://www.openheartsaz.org/eng/>
- Rio Salado Behavioral Health
602-529-5914
<https://www.riosaladobhs.org/>
- Southwest Behavioral Health
602-265-8338
<https://www.sbhservices.org/>

- Southwest Network
602-266-8402
<http://www.southwestnetwork.org/ni/>
 - Terros
602-685-6000
<https://www.terroshealth.org/>
 - Touchstone Behavioral Health
866-207-3882
<http://www.touchstonehs.org/>
 - Valle del Sol
602-258-6797
<http://www.valledelsol.com/>
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- Casa de los Niños
520-624-5600
<https://www.casadelosninos.org/>
 - Arizona's Children Association
800-944-7611
<https://www.arizonaschildren.org/>
 - Blake Easter Seals
520-327-1529
<http://www.easterseals.com/blakefoundation/>
 - Horizon Health and Wellness
480-983-0065
<http://www.hhwaz.org/>
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- Coconino County Flagstaff:
 - Child and Family Support Services
480-635-9944
<https://www.cfss.com/>
 - The Guidance Center
928-527-1899
<http://www.tgcaz.org/>
 - Coconino County Page Fredonia area:
 - Encompass Health Care
928-645-5113
<https://www.encompass-az.org/>
 - Yavapai County Prescott, Prescott Valley:
 - Child and Family Support Services
480-635-9944
<https://www.cfss.com/>
 - Southwest Behavioral and Health Services
602-265-8338
<https://www.sbhservices.org/>

- West Yavapai Guidance Clinic
928-445-5221
<https://www.wygc.org/>
- Yavapai County Cottonwood:
 - Spectrum Healthcare Group
928-2236
<http://spectrumhealthcare-group.com/>
- Mohave County Kingman:
 - Southwest Behavioral and Health Services
602-265-8338
<https://www.sbhservices.org/>
 - Mohave Mental Health Clinic
- Mohave County Bullhead City:
 - Southwest Behavioral and Health Services
602-265-8338
<https://www.sbhservices.org/>
 - Mohave Mental Health Clinic
928-758-5905
- Mohave County Lake Havasu City:
 - Southwest Behavioral and Health Services
602-265-8338
<https://www.sbhservices.org/>
 - Mohave Mental Health Clinic
928-855-3432
- Apache County Springerville:
 - Little Colorado Behavioral Health
928-333-2683
- Gila County Globe:
 - Horizon Health and Wellness
480-983-0065
<http://www.hhwaz.org/>
- Gila County Payson:
 - Southwest Behavioral and Health Services
602-265-8338
<https://www.sbhservices.org/>
- Navajo County Winslow, Holbrook, Show Low:
 - Change Point Integrated Health
928-537-5315
<https://www.mychangeoint.org/>